CLAIMS

What is claimed is:

1.   A method for growing a plant comprising the steps of:
planting said plant in a growth medium;
twisting at least two plant vines of said plant together to form a growing unit; and
maintaining said growing unit during the growth and production cycles of said plant.

2.   The method of claim 1 wherein said maintaining step comprises the steps of:
securing one end of a flexible material at the base of said plant; and
twisting said flexible material around said growing unit.

3.   The method of claim 1 wherein said twisting step comprises the step of:
twisting said at least two plant vines together around a flexible material.

4.   A yield maximization system comprising:
a growth medium for sustaining the growth of a plant, said plant having vines growing from a single root system; and
supports for twisting at least pairs of said vines around individual ones of said supports.

5.   The yield maximization system of claim 4 wherein said supports comprise:
a flexible material having one end tied around the base of said plant and the opposite end supported above said vines.

6.   A method for growing a plant, said method comprising:
twisting at least two plant vines of said plant around a flexible material; and
securing said flexible material, wherein said at least two plant vines are twisted vertically around said flexible material.

7.   The method of claim 6 wherein said flexible material comprises string.

8.   The method of claim 6 wherein said flexible material comprises a rod.

9. A method for growing a plant comprising:

planting a plant in a growth medium, wherein plant vines are produced from said plant; and

attaching at least a pair of said plant vines to one another with a flexible material.

10. The method of claim 9, wherein said attaching step comprises:

securing one end of said flexible material at the base of said plant; and

securing the opposite end of said flexible material at a height taller than said plant.